

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



# January 2022



**Happy New Year!** 1  
 10:30 Balloon  
 Badminton  
 3:15 New Year's  
 Resolution  
  
 New Year's L... Happy New Year!

<p><b>2</b>                  10:30 Sunday                  Worship Service                  2:30 Sunday                  Cinema</p>	<p><b>3</b>                  10:30 Exercise                  2:30 Helping Hands                  3:30 Friendly Visits                  7:00 Wheel of                  Fortune</p>	<p><b>4</b>                  10:30 Montessori  <b>2-4 Residents'                  Council!</b>                  7:00 Bingo Night!</p>	<p><b>5</b>                  10:30 Bible Study                  2:30 Sorting &amp;                  Matching                  3:30 Beauty Break                  7:00 Jeopardy</p>	<p><b>6</b>                  10:30 Exercise                  2:30 Helping Hands                  3:30 Sensory                  Stimulation                  7:00 Bingo Night!</p>	<p><b>7</b>                  10:30 Catholic                  Prayer &amp; Share!                  2:30 Montessori                  3:30 Name that                  Tune!                  7:00 Trivial Pursuit</p>	<p><b>8</b>                  10:30 Helping                  Hands                  3:15 It Could Be?</p>
<p><b>9</b>                  10:30 Church &amp;                  Praise Service                  2:30 Popcorn &amp;                  Projections!</p>	<p><b>10</b>                  10:30 Exercise                  2:30 Breaking                  Bread                  3:30 Lookin' Good                  7:00 Make Your                  Point</p>	<p><b>11</b>                  10:30 Balloon                  Badminton                  2:30 U Be the                  Judge                  3:30 Manicures                  7:00 Bingo Night!</p>	<p><b>12</b>                  10:30 Bible Study                  2:30 Puzzle Corner                  3:30 Sensory                  Stimulation                  7:00 Dozen Day                  Word Game</p>	<p><b>13</b>                  10:30 Exercise                  2:30 Hymn Sing                  3:30 Reading Group                  7:00 Bingo Night!</p>	<p><b>14</b>                  10:30 Catholic                  Prayers &amp; Hymns!                  2:30 Craft Corner                  3:30 Poetry time  <b>7:00 Karaoke                  Party!</b></p>	<p><b>15</b>                  10:30 Balloon                  Badminton                  3:15 Afternoon Arts</p>
<p><b>16</b>                  10:30 Sunday                  Worship Service                  2:30 Sunday                  Cinema</p>	<p><b>17</b>  <i>Beat the Blues!</i>                  10:30 Exercise  <b>2-4 Java Club:                  Blue Monday!</b>                  7:00 Rhythm &amp;                  Blues!  <small>Martin Luther King Jr. Day</small></p>	<p><b>18</b>                  10:30 Sit n'                  Stretch                  2:30 Hangman                  3:30 Beauty Break                  7:00 Bingo Night!</p>	<p><b>19</b>                  10:30 Bible Study                  2:30 Tea Social!                  3:30 From A to Z                  7:00 U be the Judge</p>	<p><b>20</b>                  10:30 Exercise                  2:30 Charades                  3:30 Follow Your                  Nose                  7:00 Bingo Night!</p>	<p><b>21</b>                  10:30 Catholic                  Prayer &amp; Share!                  2:30 Musical                  Memories                  3:30 Reminiscing                  7:00 Name, Place,                  Animal</p>	<p><b>22</b>                  10:30 Target Toss                  3:15 This or That</p>
<p><b>23</b>                  10:30 Church &amp;                  Praise Service                  2:30 Popcorn &amp;                  Projections  <small>Activity Professionals Week</small></p>	<p><b>24</b>                  10:30 Exercise                  2:30 Prayer &amp; Share                  3:30 Sing- A- Long                  7:00 Star of the                  Month...                  Martin Luther King!</p>	<p><b>25</b>  <i>Robbie Burns Day!</i>                  10:30 Tartans &amp;                  Trivia  <b>2-4 Scottish                  Shortbread                  Tasting &amp; Tea</b>                  7:00 Bingo Night!</p>	<p><b>26</b>                  10:30 Bible Study                  2:30 Table Games                  3:30 Follow Your                  Nose                  7:00 Pictionary  <small>Australia Day (observed)</small></p>	<p><b>27</b>  <b>2-4 Birthday Party!</b>    <i>Happy Birthday</i>                  7:00 Bingo Night!</p>	<p><b>28</b>                  10:30 Catholic                  Prayers &amp; Hymns!                  2:30 Who Am I?                  3:30 Strolls                  7:00 Canvas Paint                  Night</p>	<p><b>29</b>                  10:30 Move n'                  Groove                  3:15 Crafty Hands</p>
<p><b>30</b>                  10:30 Sunday                  Worship Service                  2:30 Sunday                  Cinema</p>	<p><b>31</b>                  10:30 Exercise                  2:30 Meditation                  Monday                  3:30 Winter                  Pathways                  7:00 Where in the                  World?</p>	<p><b>Welcome to the East Wing Calendar!</b></p>				

Programs may change due to COVID requirements, video calls, visits or staffing changes