

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




January 2022



Happy New Year! 1
 11:30 Ball Toss
 4:00 NYE Resolutions!

 New Year's | Happy New Year!

11:30 Sunday Worship Service 3:45 Pathways & Poetry 2	11:30 Exercise 3:00 Hot Cocoa Social! 4:15 Therapeutic Touch 3	11:30 Sit n' Stretch 2-4 Residents' Council 4:15 Sensory Stimulation 4	11:30 Bible Study 3:00 Montessori 4:15 Lookin' Good 6:30 Mind, Body & Soul 5	11:30 Exercise 3:15 Pictionary 4:15 Grace Before Meals 6	11:30 Exercise 3:00 Name that Tune 4:15 Montessori 7	11:30 Sit n' Stretch 4:00 Youtube! 8
11:30 Church & Praise 3:45 Classical Composers 9	11:30 Exercise 3:00 Tea Social! 4:15 On the Spot! 10	11:30 Move to Music 3:15 Balloon Badminton 4:15 Musical Moments 11	11:30 Bible Study 3:00 Ball Toss 4:15 Winter Pathways 6:30 Trivia Night! 12	11:30 Exercise 3:15 Follow Your Nose 4:15 Grace Before Meals 13	11:30 Exercise 3:00 Spelling Bee 4:15 Karaoke Party! 14	11:30 Move n' Groove 4:00 Follow Your Nose 15
11:30 Sunday Worship Service 3:45 Psalms & Poetry 16	Beat the Blues! 11:30 Exercise 2-4 Java Club: Blue Monday! <small>Martin Luther King Jr. Day</small> 17	11:30 Sit n' Stretch 3:15 Charades 4:15 Sensory Stimulation 18	11:30 Bible Study 3:00 Famous Faces 4:15 Beauty Break 6:30 Mind, Body & Soul 19	11:30 Exercise 3:15 Target Toss 4:15 Grace Before Meals 20	11:30 Exercise 3:00 Pictionary 4:15 Montessori 21	11:30 Chair Yoga 4:00 Sights n' Sound 22
11:30 Church & Praise 3:45 Sentimental Reflections <small>Activity Professionals Week</small> 23	11:30 Exercise 3:00 Trivia Time 4:15 Helping Hands 24	Robbie Burns Day! 11:30 Star of the Month... 2-4 Scottish Shortbread Tasting & Tea 25	11:30 Bible Study 3:00 World Trivia 4:15 Pathways 6:30 Where in the World? <small>Australia Day (observed)</small> 26	11:30 Exercise 2-4 Birthday Party!  <small>Happy Birthday</small> 27	11:30 Exercise 3:00 Trivia Time 4:15 Manicures & Massages 28	11:30 Balloon Badminton 4:00 Winter Rhyme Time 29
11:30 Sunday Worship Service 3:45 Popcorn & Projections 30	11:30 Exercise 3:00 U Be the Judge 4:15 Therapeutic Touch 31	<h2>Welcome to the North Wing Calendar!</h2>				

Programs may change due to COVID requirements, video calls, visits or staffing changes