



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Programs may change due to COVID requirements, video calls, visits or staffing changes	Civic Day! 11:30 Exercise 3:45 Historical Facts!	1 11:30 Summertime Sing-A-Long! 2-3 Residents' Council 3:15 Tea Time 6:30 Prayer & Share	National Watermelon Day! 11:15 Bible Study 11:45 Stepping Out! 3:15 What's Pink? 6:30 Watermelon & Word Games!	4 11:15 Exercise 11:45 Helping Hands 3:15 Therapeutic Touch 6:30 Bible Story Circle	5 10:00 Catholic Rosary Group 11:45 Morning Stretches 3:15 Weeds & Watering 6:30 In the Kitchen	6 11:30 Yardzee! 3:45 Beauty Break	
National Friendship Day! 11:30 Sunday Worship Service 3:45 Friendship Bracelets & Poems!	8 11:30 Exercise 2-4 Happiness Happens Artwork! 6:30 You Be the Judge	9 11:30 Balloon Badminton 3:15 Sights & Sounds 6:30 Friendly Visits	Country Western Day! 10 11:15 Bible Study 11:45 Stepping Out! 2:30-3:30 Country Show!  6:30 Chair Line Dancing	11 11:15 Exercise 11:45 Nature Walks 3:15 Montessori 6:30 Name That Tune!	12 10:00 Catholic Rosary Group 11:45 Friendly Visits 3:15 Word Game 6:30 Reading Club	13 11:00 Therapeutic Touch 11:30 Ring Toss! 3:45 Trivia Time 4:15 Musical Memories	
14 11:00 Ball Toss! 11:30 Sunday Worship Service 3:45 Tuck Shop 4:15 Grace Before Meals	15 11:30 Exercise 3:45 Reading Club!	Picnic at the Waterfront & Art Gallery! 16 11:30 Montessori 3:15 Sort It! 6:30 Therapeutic Touch	17 11:15 Bible Study 11:45 Stepping Out 3:15 Puzzle Corner 6:30 Where in the World?	18 11:30 Exercise 3:15 Walk & Shine 6:30 Bible Story Circle	19 10:00 Catholic Rosary Group 11:45 Sit n' Stretch 3:15 Weeds & Watering 6:30 Follow Your Nose	20 11:30 Balloon Badminton 3:45 Spelling Bee	
21 11:30 Sunday Worship Service 3:45 Sunday Art!	22 11:30 Exercise 3:15 Manicures 6:30 Mix n' Match	23 11:30 Shake Loose A Memory! 2-4 Birthday Party!   6:30 Summer Pathways	24 11:15 Bible Study 11:45 Stepping Out 3:15 Patio Fun! 6:30 Sit n' Stretch	25 11:30 Exercise 3:15 Games on the Patio 6:30 Story Time!	26 10:00 Catholic Rosary Group 11:45 Friendly Visits 3:45 Balloon Badminton	27 11:00 Friendly Visits 11:30 Ribbon Dancing 3:45 Summertime Sing-A-Long! 4:15 Sensory Stimulation	
28 11:00 Bean Bag Toss 11:30 Sunday Worship Service 3:45 Tuck Shop 4:15 Friendly Visits	29 11:30 Exercise 3:15 Beauty Break 6:30 Follow Your Nose	30 11:30 Java Music Club: Friendship Edition! 3:15 Movie Afternoon Family BBQ Dinner! 6:30 Poetry Circle	31 11:15 Bible Study 11:45 Stepping Out 2-4 Folkens Entertainment  6:30 Mind, Body & Soul!	<h1>August 2022</h1> <h2>Welcome to the North Wing Calendar!</h2>			