








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Happy New Year!</b> 1 11:00 Ball Toss 11:30 Sunday Worship Service 3:45 New Year's Trivia 4:15 Musical Memories <small>New Year's Day</small>	11:30 Exercise 2 3:15 Hot Cocoa Social! 6:30 Therapeutic Touch	11:30 Sit n' Stretch 3  <b>2-3 Residents'            Council</b>  6:30 <i>Visits with Floyd!</i>	11:45 Bible Study 4 3:15 Manicures & Massages 6:30 Reminiscing Game	11:15 Exercise 5 11:45 Helping Hands 3:15 Word Games 6:30 Short Stories!	10:15 Catholic Rosary 6 Group 11:45 Friendly Visits 3:15 Puzzle Corner 6:30 Follow Your Nose	11:30 Sit n' Stretch 7 3:45 Youtube!
11:30 Sunday 8 Worship Service 3:45 Pathways & Poetry!	11:30 Exercise 9 3:15 Shake Loose A Memory! 6:30 Sensory Stimulation	11:30 Move n' 10 Groove! 3:15 Psalms & Poems 6:30 <i>Visits with Floyd!</i>	11:15 Bible Study 11 11:45 Helping Hands <b>Swiss Chalet Lunch!</b> 3:15 Hand Massages 6:30 Pictionary!	<b>10:30 Tunes with 12</b> <b>Sandra!</b>  11:45 Friendly Visits 3:15 Ball Toss 6:30 Poetry Club	10:15 Catholic Rosary 13 Group 11:45 Morning Stretchn' <b>2:00- 4:00 Movie</b> <b>Screening:</b> <b>Grease!</b> 	11:00 Friendly Visits 14 11:30 Ring Toss 3:45 Reading Group 4:15 Helping Hands
11:00 Ring Toss 15 11:30 Sunday Worship Service <b>2:30-3:30 Martin's            Melodies!</b> 	<b>Beat the Blues! 16</b> <b>10:00 Beat the Blues;</b> <b>Children's' Concert!</b>  11:30 Friendly Visits 3:15 Exercise 6:30 I Had A Dream... <small>Martin Luther King Jr. Day</small>	<b>11:30 Java 17</b> <b>Music Club:</b> <b>Blue Monday!</b>  3:15 Movie Afternoon 6:30 <i>Visits with Floyd!</i>	11:15 Bible Study 18 11:45 Snowball Toss 3:15 Follow Your Nose 6:30 Name that Tune!	11:15 Exercise 19 11:45 Friendly Visits 3:15 Sing-A-Long! 6:30 Reading Group	10:15 Catholic Rosary 20 Group 11:45 Friendly Visits 3:15 Word Games 6:30 Montessori	11:30 Move n' 21 Groove! 3:45 Follow Your Nose
<b>Happy Chinese New 22</b> <b>Year!</b> 11:30 Sunday Worship Service <b>2:30-4:00 Chinese New</b> <b>Year Treats!</b> <small>Chinese New Year (Year of the Rabbit)</small>	<b>Trip to Mandarin! 23</b> 11:30 Movie Morning 3:15 Exercise 6:30 Chinese NY Trivia <small>Activity Professionals Week</small>	11:30 Picture Bingo 24 3:15 Montessori 6:30 <i>Visits with Floyd!</i>	<b>Robbie Burns Day! 25</b> 11:15 Bible Study 11:45 Bean Bag Toss <b>2:30 – 3:30 Scottish</b> <b>Shortbread &amp; Tea</b> <b>Tasting!</b>	<b>10:30 Tunes with 26</b> <b>Sandra!</b>  11:45 Friendly Visits 3:15 Ladderball 6:30 Prayer & Share <small>Australia Day (observed)</small>	10:15 Catholic Rosary 27 Group 11:45 Morning Stretchn' 3:15 Spelling Bee! 6:30 Helping Hands	11:00 Friendly Visits 28 11:30 Ring Toss 3:45 Puzzle Corner 4:15 Karaoke Party!
11:00 Friendly Visits 29 11:30 Sunday Worship Service 3:45 Mix n' Match 4:15 Sing-A-Long!	11:30 Exercise 30 3:15 Winter Pathways 6:30 Manicures & Massages	11:30 Move to Music 31 <b>2:30- 3:30</b> <b>Birthday Party!</b>  6:30 <i>Visits with Floyd!</i>	<h1>January 2023</h1> <h2>Welcome to the North Wing Calendar!</h2>			

Programs may be subject to change if required.