










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 Exercise 1 2:00 <i>Sandra's Reading Group!</i> 2:30 What is May Day? 3:30 Friendly Visits 7:00 Word in Word <small>May Day</small>	10:30 Balloon Badminton 2 2-3 Residents' Council 2:30 Manicures 3:30 Sing-A-Long	10:00 Bible Study 3 11:00 Nature Walks 2:30 <i>Visits with Floyd!</i> 3:30 Travelogue 7:00 Mind, Body & Soul	10:30 Tunes With Sandra!  4 2:30 Exercises 3:30 Spring Pathways 7:00 Bingo Night!	Happy Cinco De Mayo! 5 10:15 Catholic Rosary Group 11:30 Patio Fun! 2:30- 3:30 Cinco De Mayo Fiesta!  7:00 Cactus Toss <small>Cinco de Mayo</small>	10:30 Hit Your Mark! 6 2:30 Jeopardy 3:15 Puzzle Corner 6:15 Men's Coffee Club!
10:30 Sunday Church Service 7 2:30 Tuck Shop 3:15 Patio Fun! 6:15 How Many Words?	10:30 Exercise 8 2:00 <i>Sandra's Reading Group!</i> 2:30 Meditation Monday 3:30 Mix n' Match 7:00 Opinions, Please	10:30 Bean Bag Toss 9 2:30 Flower Arranging 3:30 Friendly Visits 7:00 Bingo Night!	10:30 Bible Study 10 2:30- 3:30 Welcoming Party!  7:00 Scattegories	10:30 Exercise 11 2:30 Sing-A-Long 3:30 Nature Walks 7:00 Bingo Night!	10:15 Catholic Rosary Group 12 2:30 <i>Visits with Floyd!</i> 3:30 Friendly Visits 7:00 You Be the Judge	10:30 Yardzee 13 2:30 Rhyme Time 3:15 Friendly Visits 6:15 Reading Group
Happy Mother's Day! 14 10:30 Sunday Service: Rehoboth Church 2:30-3:30 Mother's Day Tea Party! 6:15 Word Games <small>Mother's Day National Skilled Nursing Care Week</small>	10:30 Exercise 15 2:00 <i>Sandra's Reading Group!</i> 2:30- 3:30 Treating Our Mothers: Spa Day! 7:00 Jeopardy!	10:30 Chair Yoga 16 2:30 Bread Making 3:30 Ball Toss 7:00 Bingo Night!	10:30 Bible Study 17 2:30- 3:30 Golden Oldies!  7:00 Star of the Month	10:30 Tunes With Sandra!  18 2:30 Shake Loose A Memory! 3:30 Hand Massages 7:00 Bingo Night!	10:15 Catholic Rosary Group 19 11:30 Patio Fun! 2:00- 4:00 Movie Screening: Singin' in the Rain!  7:00 Reminiscing Game	10:30 Ring Toss 20 2:30- 3:30 Birthday Party!  6:15 Sing-A-Long! <small>Happy Birthday Armed Forces Day</small>
10:30 Sunday Church Service 21 2:30 Tuck Shop 3:15 Afternoon Art 6:15 Famous Faces	Happy Victoria Day! 22 10:30 Exercise 2:00 <i>Sandra's Reading Group!</i> 2:30-3:30 Victorian Tribute! 7:00 Travels to England <small>Victoria Day (Canada)</small>	10:30 Tetherball 23 2:30 Nature Walks 3:30 U Be the Judge 7:00 Bingo Night!	10:30- 11:30 Joyful Brass Band!  2:30 <i>Visits with Floyd!</i> 3:30 Walking Club 7:00 Make Your Point	10:30 Exercise 25 2:30 Spelling Bee 3:30 Ball Toss 7:00 Bingo Night! <small>Shavuot Begins</small>	10:15 Catholic Rosary Group 26 2:30 <i>Visits with Floyd!</i> 3:30 Friendly Visits 7:00 Flower Arranging	10:30 Ball Toss 27 2:30 Crafty Hands 3:15 Afternoon Art 6:15 Finishing Lines
10:30 Sunday Service: Rehoboth Church 28 2:30 Ladderball 3:15 Beauty Break 6:15 Reminiscing Game	10:30 St. George's Anglican Church Bible Study! 29 2:00 <i>Sandra's Reading Group!</i> 2:30 Card Games! 7:00 Wheel of Fortune <small>Memorial Day</small>	10:30-12:00 Students Visit Mount Nemo! 30 2:30-3:30 Java Music Club: Embracing Ethnicity! 7:00 Bingo Night!	Lunch at the Park! 31 10:30 Bible Study 2:30 <i>Visits with Floyd!</i> 3:30 What City? 7:00 Mind, Body & Soul	<h1>May 2023</h1> <h2>Welcome to the East Wing Calendar!</h2>		

Programs are subject to change where required.