










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:30 Exercise 1 3:15 Nature Walks 6:30 Reading Group May Day	11:30 Chair Yoga 2 2-3 Residents' Council 3:15 Poets' Corner 6:30 <i>Visits with Floyd!</i>	11:30 Bible Study 3 3:15 Bread Making 6:30 Karaoke Party	10:30 Tunes With Sandra!  4 11:45 Exercise 3:15 Daily Devotionals 6:30 Picture This!	Happy Cinco De Mayo! 5 10:15 Catholic Prayers 11:30 Cactus toss 2:30- 3:30 Cinco De Mayo Fiesta!  6:30 Trivia Time <small>Cinco de Mayo</small>	11:00 Friendly Visits 6 11:30 Hit Your Mark! 3:45 What City? 4:15 Afternoon Poetry
11:00 Hand Massages 7 11:30 Church Service 3:45 Tuck Shop! 4:15 Nature Walks	11:30 Exercise 8 3:15 Patio Fun! 6:30 Meditation Monday	11:30 Walking Club 9 3:15 Montessori 6:30 <i>Visits with Floyd!</i>	11:30 Bible Study 10 2:30- 3:30 Welcoming Party!  6:30 On The Canvas	11:30 Exercise 11 3:15 Prayer & Share 6:30 Short Story Circle	10:15 Catholic Rosary 12 Group 11:45 Balloon Badminton 3:15 Manicures 6:30 Scattegories	11:00 Nature Walks 13 11:30 Yardzee! 3:45 Sing-A-Long 4:15 Trivia Time
Happy Mother's Day! 14 10:30 Sunday Service: Rehoboth Church 2:30-3:30 Mother's Day Tea Party! <small>Mother's Day National Skilled Nursing Care Week</small>	11:30 Exercise 15 2:30- 3:30 Treating Our Mothers: Spa Day! 6:30 Rhyme & Reason	11:30 Sit n Stretch 16 3:15 Helping Hands 6:30 <i>Visits with Floyd!</i>	11:30 Bible Study 17 2:30- 3:30 Golden Oldies!  6:30 Mind, Body & Soul	10:30 Tunes With Sandra!  18 11:45 Exercise 3:15 Daily Bread 6:30 What's in the Box	10:15 Catholic Rosary 19 Group 11:30 Montessori 2:00- 4:00 Movie Screening: Singin' in the Rain!  6:30 Star of The Month	11:00 Patio Fun! 20 11:30 Ring Toss 2:30- 3:30 Birthday Party!  4:15 Reminiscing Game <small>Armed Forces Day</small>
11:00 Ball Toss 21 11:30 Church Service 3:45 Tuck Shop! 4:15 Nature Walks	Happy Victoria Day! 22 11:30 Exercise 2:30-3:30 Victorian Tribute! 6:30 Meditation Monday <small>Victoria Day (Canada)</small>	11:30 Tetherball 23 3:15 Therapeutic Touch 6:30 <i>Visits with Floyd!</i>	10:30- 11:30 Joyful Brass Band!  3:15 Bean Bag Toss 6:30 Who Sang That?	11:30 Exercise 25 3:15 What is Shavuot? 6:30 Spelling Bee <small>Shavuot Begins</small>	10:15 Catholic Rosary 26 Group 11:45 Ball Toss 3:15 Baby Doll Therapy 6:30 Therapeutic Touch	11:00 Outdoor Walks 27 11:30 Ball Toss 3:45 Music Appreciation 4:15 Shake Loose A Memory!
10:30 Sunday Service: Rehoboth Church 28 3:45 Who Sang That? 4:15 Friendly Visits	10:30 St. George's Anglican Church Bible Study! 29 3:15 Exercise 6:30 Montessori <small>Memorial Day</small>	10:30-12:00 Students Visit Mount Nemo! 30 2:30-3:30 Java Music Club: Embracing Ethnicity! 6:30 <i>Visits with Floyd!</i>	Lunch at the Park! 31 11:30 Bible Study 3:15 Nature Walks 6:30 Finishing Lines	<h1>May 2023</h1> <h2>Welcome to the North Wing Calendar!</h2>		

Programs are subject to change where required.