










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:45 Exercise 1</p> <p>2:30 Afternoon Yoga</p> <p>3:00 What is May Day?</p> <p>4:15 <i>Visits with Floyd!</i></p> <p><small>May Day</small></p>	<p>9:45 Chair Yoga 2</p> <p>2-3 Residents' Council</p> <p>2:30 YouTube!</p> <p>3:00 Finishing Lines</p> <p>4:15 Manicures</p>	<p>10:00 Bible Study 3</p> <p>10:30 Morning Yoga!</p> <p>2:30 Pictionary</p> <p>3:30 Nature Walks</p> <p>4:15 Trivia Time</p>	<p>10:30 Tunes With Sandra!  4</p> <p>2:30 Ball Toss</p> <p>3:30 Famous Faces</p> <p>4:15 Nature Walks</p>	<p>Happy Cinco De Mayo! 5</p> <p>10:15 Catholic Rosary Group</p> <p>10:30 Cactus Toss</p> <p>2:30- 3:30 Cinco De Mayo Fiesta! </p> <p>4:15 Strolls</p> <p><small>Cinco de Mayo</small></p>	<p>9:45 Ladderball 6</p> <p>11:30 Morning Yoga</p> <p>2:30 True or False?</p> <p>6:15 Men's Coffee Club!</p>	
<p>9:45 Church Service 7</p> <p>11:30 Hymn Sing!</p> <p>2:30 YouTube</p> <p>3:15 Tuck Shop</p>	<p>9:45 Exercise 8</p> <p>2:30 Helping Hands</p> <p>3:00 Hit Your Mark!</p> <p>4:15 <i>Visits with Floyd!</i></p>	<p>9:45 Walking Club 9</p> <p>2:30 Lookin' Good</p> <p>3:00 Rhyme Time</p> <p>4:15 Spring Pathways</p>	<p>9:45 Bible Study 10</p> <p>2:30- 3:30 Welcoming Party! </p> <p>4:15 How Many Words?</p>	<p>9:45 Exercise 11</p> <p>2:30 Proverbs & Psalms</p> <p>3:00 What's in the Bag?</p> <p>4:15 Outdoor Strolls!</p>	<p>10:15 Catholic Rosary 12 Group</p> <p>2:30 Name that Flag?</p> <p>3:00 Hand Massages</p> <p>4:15 Finishing Lines</p>	<p>9:45 Yardzee! 13</p> <p>11:30 Famous Faces</p> <p>2:30 Nature Walks</p> <p>3:15 Montessori</p>
<p>Happy Mother's Day! 14</p> <p>10:30 Sunday Service: Rehoboth Church</p> <p>2:30-3:30 Mother's Day Tea Party!</p> <p><small>Mother's Day National Skilled Nursing Care Week</small></p>	<p>9:45 Exercise 15</p> <p>2:30- 3:30 Treating Our Mothers: Spa Day!</p> <p>4:15 <i>Visits with Floyd!</i></p>	<p>9:45 Sit n Stretch 16</p> <p>2:30 Beauty Break</p> <p>3:00 What City?</p> <p>4:15 Spelling Bee!</p>	<p>9:45 Bible Study 17</p> <p>2:30- 3:30 Golden Oldies! </p> <p>4:15 Star of the Month</p>	<p>10:30 Tunes With Sandra!  18</p> <p>2:30 Daily Bread</p> <p>3:00 Nature Walks</p> <p>4:15 Balloon Badminton</p>	<p>10:15 Catholic Rosary 19 Group</p> <p>10:30 You Be the Judge</p> <p>2:00- 4:00 Movie Screening: Singin' in the Rain! </p>	<p>9:45 Ring Toss 20</p> <p>11:30 Morning Yoga</p> <p>2:30- 3:30 Birthday Party! </p> <p><small>Happy Birthday Armed Forces Day</small></p>
<p>9:45 Church Service 21</p> <p>11:30 Bible Trivia</p> <p>2:30 Reading Group</p> <p>3:15 Tuck Shop</p>	<p>Happy Victoria Day! 22</p> <p>9:45 Exercise</p> <p>2:30-3:30 Victorian Tribute!</p> <p>4:15 <i>Visits with Floyd!</i></p> <p><small>Victoria Day (Canada)</small></p>	<p>10:30- 12:00 Students Visit Mount Nemo! 23</p> <p>2:30 Who Sang That?</p> <p>3:00 Starts With. . .</p> <p>4:15 Nature Walks</p>	<p>10:30- 11:30 Joyful Brass Band!  24</p> <p>2:30 Bean Bag Toss</p> <p>3:30 Sing-A-Long</p> <p>4:15 Scattegories</p>	<p>9:45 Exercise 25</p> <p>2:30 Daily Devotionals</p> <p>3:00 Therapeutic Touch</p> <p>4:15 Nature Walks</p> <p><small>Shavuot Begins</small></p>	<p>10:15 Catholic Rosary 26 Group</p> <p>2:30 Manicures</p> <p>3:00 YouTube</p> <p>4:15 Shake Loose A Memory!</p>	<p>9:45 Tetherball 27</p> <p>11:30 Nature Walks</p> <p>2:30 Helping Hands</p> <p>3:15 Reminiscing Game</p>
<p>10:30 Sunday Service: Rehoboth Church 28</p> <p>11:30 Friendly Visits</p> <p>2:30 Reminiscing Game</p> <p>3:15 Afternoon Art</p>	<p>10:30 St. George's Anglican Church Bible Study! 29</p> <p>9:45 Exercise</p> <p>2:30 Jeopardy</p> <p>4:15 <i>Visits with Floyd!</i></p> <p><small>Memorial Day</small></p>	<p>10:30-12:00 Students Visit Mount Nemo! 30</p> <p>2:30-3:30 Java Music Club: Embracing Ethnicity!</p> <p>4:15 Afternoon Yoga</p>	<p>Lunch at the Park! 31</p> <p>9:45 Bible Study</p> <p>2:30 Tetherball</p> <p>3:30 Nature Walks</p> <p>4:15 From A to Z</p>	<h1>May 2023</h1> <h2>Welcome to the West Wing Calendar!</h2>		

Programs are subject to change where required.