

Sunday

Monday

Tuesday

Wednesday










Thursday

Friday

Saturday

September 2023

Welcome to the East Wing Calendar!

						10:15 Hymn Sing on The Patio! 2:30 - 3:30 Apple Picking at Mount Nemo!  7:00 Apples to Apples	10:30 Balloon Badminton 2:30 Pickles to Penguins Board Game!
10:30 Sunday Church Service 2:30 Floats on the Patio!	Labor Day! 10:30 Exercise 2:30- 3:30 Mount Nemo Apple Pie Making!  7:00 Labor Day Trivia <small>Labor Day</small>	10:00 Chair Yoga 11:00 Tourist Attractions 2-3 Residents' Council 2:30 Beauty Break 3:30 Apple Grapple 7:00 Bingo Night!	10:00 Bible Study 11:00 Sit and Stretch 2:30 <i>Visits with Floyd!</i> 3:30 Friendly Visits Family BBQ Dinner	10:30 Exercise 11:00 Jokes with Julie 2:30 Name that Instrument 3:30 Nature Walks 4:00 <i>Corry's Reading Group</i> 7:00 Bingo Night!	Sailing Trip at the Marina!  10:15 Catholic Rosary Group 2:30 Retro Reminiscing 3:30 Therapeutic Touch	10:30 Tetherball 2:30 Travelogue: Milan 3:30 Crafty Hands 6:15 Garden Care	
10:30 Sunday Church Service 2:30 Grandparents Day: 'Grand' Puzzles 3:30 The Special Bond: Grandparents 6:15 Bean Bag Toss <small>Grandparents Day</small>	10:00 Exercise 11:00 <i>Get to Know me! Residents' Council</i> 2:30 Aromatherapy 3:30 Patio Fun! 7:00 Opinions, Please	10:00 Sit and Stretch 11:00 What is Respect? 2:30 Montessori 3:30 <i>Residents' Rights Pictionary Game</i> 7:00 Bingo Night!	Camp Day! 10:00 Bible Study 11:00 <i>Visits with Floyd!</i> 2:30 - 3:30 Campfire Songs with Hayley!  7:00 Campstories & Fun	10:30 Tunes with Sandra!  2:30 Exercise 3:30 What is Dignity? 4:00 <i>Corry's Reading Group</i> 7:00 Bingo Night!	10:15 Catholic Rosary Group 2-4 Movie Screening: Residents' Choice!  7:00 Recipe for a Good Home <small>Rosh Hashanah Begins</small>	10:30 Parachute 2:30 Bananagrams 3:30 Hand Massages 6:15 Ladderball <small>Oktoberfest Begins</small>	
10:30 Sunday Service: Rehoboth Church 2:30 Carbon Footprints & World Ozone Day 3:30 Tetherball 6:15 Key to Key Game	10:00 Exercise 11:00 Jewelry Making 2:30 Cranium Crunches 3:30 Who Am I? 7:00 Jeopardy!	10:00 Nurture Therapy 11:00 Hit Your Mark 2:30 Bread Making 3:30 UNO! 7:00 Bingo Night!	10:00 Bible Study 11:00 <i>Visits with Floyd!</i> 2:30- 3:30 Birthday Party!  7:00 Arts & Crafts	10:30 Exercise 2:30 Journalling 3:30 Friendly Visits 4:00 <i>Corry's Reading Group</i> 7:00 Bingo Night!	10:15 Catholic Rosary Group 11:15 Move to Music 2:30 <i>Visits with Floyd!</i> 3:30 Nature Walks 7:00 Learning Sign Language	First day of Autumn 10:30 Bean Bag Toss 2:30-3:30 Autumn Tea Social!  6:15 Autumn Wordgame <small>Autumn Begins</small>	
10:30 Sunday Service: Rehoboth Church 2:30 Swing Bowling 3:30 Tuck Shop 6:15 Shake Loose A Memory! <small>Yom Kippur Begins</small>	10:00 Exercise 11:00 Sing-A-Long 2:30-3:30 Java Music Club: Peace & Reconciliation 7:00 Mind, Body & Soul	10:30 Students Visit Mount Nemo! 2:30 Journalling 3:30 Drum Fit 7:00 Bingo Night!	10:00 Bible Study 11:00 Who Am I? 2:30 <i>Visits with Floyd!</i> 3:30 Mini Golfing 7:00 Armchair Travels	10:30 Tunes with Sandra!  2:30 Exercise 3:30 Nurture Therapy 4:00 <i>Corry's Reading Group</i> 7:00 Bingo Night!	10:15 Catholic Rosary Group 2:30 <i>Visits with Floyd!</i> 3:30 Jeopardy 7:00 Heart Day Art Time <small>Sukkot Begins</small>	Reconciliation Day! 10:30 Yardzee 2:30 Just the Facts: Truth and Reconciliation 3:30 Friendly Visits 6:15 Reminiscing Ball	

Programs are subject to change where required.