

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Happy November!

			<p>10:00 Exercise 1 10:30 Name That Tune 2-3 Residents' Council 2:30 Rhyme Time 3:15 Monthly Gazette 4:15 Nurture Therapy</p>	<p>10:30 Bible Study 2 <i>11:45 Chaplain Tony's Spiritual Visits</i> 2:30 Apple Grapple 3:15 Spelling Bee 4:15 Friendly Visits 7:00 Bingo Night!</p>	<p>10:15 Catholic Rosary 3 Group 10:30 Sing -A- Long 2:30 Nurture Therapy 3:15 Target Toss 4:15 Finishing Lines</p>	<p>9:45 Ladderball 4 11:45 <i>Visits with Floyd!</i> 2:30 Parachute 3:15 Travelogue</p>
<p>10:30 Sunday Church 5 Service <i>11:45 Chaplain Tony's Spiritual Visits</i> 2:30 Mini Golfing 3:15 Tuck Shop</p>	<p>10:00 Exercise 6 10:30 Drum Circle 2:30 Foods of the 60's 4:15 <i>Visits with Floyd!</i></p>	<p>10:00 Chair Yoga 7 10:30 Morning Walks 2:30-3:30 Baking with Nancy! 4:15 True or False 7:00 Bingo Night!</p>	<p>10:00 Exercise 8 10:30 Where in the World? 2:30 Nurture Therapy 3:15 Afternoon Art 4:15 Daily Bread</p>	<p>10:30 Bible Study 9 <i>11:45 Chaplain Tony's Spiritual Visits</i> 2:30 Armchair Travel 3:15 Who Sang That? 4:15 Helping Hands 7:00 Bingo Night!</p>	<p>10:15 Catholic Rosary 10 Group 10:30 Sit n' Stretch 2:30 Nurture Therapy 3:15 Sing-A-Long 4:15 Manicures</p>	<p>Remembrance Day 11 9:45 Passing of Poppies 11:00 Moment of Silence 2:30-3:30 Lest We Forget Service <small>Veterans Day Remembrance Day (Canada)</small></p>
<p>10:30 Sunday Church 12 Service <i>11:45 Chaplain Tony's Spiritual Visits</i> 11:45 Follow Your Nose 2:30 Bean Bag Toss 3:15 Reading Group <small>Diwali (Hindi)</small></p>	<p>World Kindness Day 13 10:00 Exercise 10:30 Manicures 2:30-3:30 Kindness Day Social 4:15 <i>Visits with Floyd!</i></p>	<p>10:00 Drum Fit 14 10:30 Bazaar Crafting 2:30 Beauty Break 4:15 Shake loose A Memory 7:00 Bingo Night!</p>	<p>10:00 Exercise 15 10:30 Gingerbread houses 2:30 Cranium Crunches 3:15 Star of the Month 4:15 Follow Your Nose</p>	<p>10:30 Bible Study 16 <i>11:45 Chaplain Tony's Spiritual Visits</i> 2:30 Reminiscing Game 4:15 Swing Bowling 7:00 Bingo Night!</p>	<p>Trip to the Mall! 17 10:15 Catholic Rosary Group 2:30-3:30 Dynamic Duo  4:15 Number, Please!</p>	<p>9:45 Yard-Zee! 18 11:45 <i>Visits with Floyd!</i> 2:30- 3:30 Birthday Party! </p>
<p>10:30 Rehoboth Church Service 19 <i>11:45 Chaplain Tony's Spiritual Visits</i> 11:45 Manicures 2:30 Chair Yoga 3:15 Word Game</p>	<p>10:00 Exercise 20 10:30 Daily Bread 2:30 Tetherball 3:15 Baking 4:15 <i>Visits with Floyd!</i></p>	<p>10:30 - 2:30PM 21 Residents' Council Christmas Bazaar! 2:30 Jokes with Julie 4:15 Puzzle Corner 7:00 Bingo Night!</p>	<p>10:30 St. George's 22 Anglican Morning Prayer 10:30 Therapeutic Touch 2:30 Ribbon Dancing 3:15 Exercise 4:15 Sing-A-Long</p>	<p>10:30 Bible Study 23 <i>11:45 Chaplain Tony's Spiritual Visits</i> 2:30-3:30 Java Music: Healthy Living 4:15 Swing Bowling 7:00 Bingo Night! <small>Thanksgiving Day (US)</small></p>	<p>10:15 Catholic Rosary 24 Group 2:30 Sit n' Stretch 3:15 Bean Bag Toss 4:15 Nurture Therapy</p>	<p>9:45 Mini Golfing 25 11:45 <i>Visits with Floyd!</i> 2:30 Finishing Lines 3:15 Manicures</p>
<p>10:30 Sunday Church 26 Service <i>11:45 Chaplain Tony's Spiritual Visits</i> 11:45 Nurture Therapy 2:30 Ladderball 3:15 Hand Massages</p>	<p>10:00 Exercise 27 10:30 Christmas Tree! <i>2:30-4:00 Christmas Decorating begins!</i> 4:15 <i>Visits with Floyd!</i></p>	<p>10:30 Students 28 Visit Mount Nemo! <i>2:30-4:00 Christmas Decorating begins!</i> 7:00 Bingo Night!</p>	<p>10:00 Exercise 29 10:30 One & Done Dice Game 2:30 Nurture Therapy 3:15 Mini Golfing 4:15 Musical Scavenger Hunt</p>	<p>10:30 Bible Study 30 <i>11:45 Chaplain Tony's Spiritual Visits</i> 2-4PM: Movie Screening!  4:15 Afternoon Walks 7:00 Bingo Night!</p>	<p>Welcome to the West Wing Calendar!</p>	

Programs are subject to change where required.